

WELLNESS WEDNESDAYS AT

Sebastopol Community Market

11am to 3pm

Join trained herbalists
and wellness consultants,
Aimee and Olivia for
complimentary* 20-30
minute Wellness
consultations.



Bring your health concerns or issues,
and find support and informed advice
to help you back into balance and
wholeness. Products, supplements, or
herbs suggested can be purchased in
the Wellness Department.

FOOD FOR PEOPLE

COMMUNITY
MARKET

est. 1975

NOT FOR PROFIT

**donations accepted, but not expected*