



CUSTOM SANDWICHES



Meat Sandwich: \$11.99

one bread, one meat, one cheese, three veggies, up to two condiments

Veggie Sandwich: \$9.99

one bread, one cheese, six veggies, up to two condiments OR

one bread, choice of tempeh or herbed tofu, three veggies, up to two condiments

BREADS: CHOICE OF ONE

Dutch Crunch, Sourdough Roll, Sweet French Roll, Ciabatta Roll, Whole Wheat Roll, Sliced Sourdough, Sliced Rye, Sliced Wheat, Gluten Free Bread, Whole Wheat Tortilla, or Lettuce Wrap

PROTEINS: CHOICE OF ONE

(each additional portion \$5)

Turkey, Salami, Chicken, Herbed Tofu, Teriyaki Tempeh

Roast Beef (+\$2), Pastrami (+\$2), Ham (+\$2)

CHEESE: CHOICE OF ONE

(each additional portion \$2)

Swiss, Monterey Jack, Pepper Jack, Cheddar, Provolone, Goat Cheese, Cream Cheese, Blue Cheese

Walnut Spread, Brie (+\$1), Vegan Cream Cheese (+\$1), Vegan Provolone (+\$1)

VEGETABLES: CHOICE OF UP TO THREE

(each additional portion \$0.75)

Tomato, Red Onion, Pickles, Pickled Onion, Sauerkraut, Carrot, Cucumber, Daikon, Roasted Butternut Squash, Roasted Parsnips, Cilantro, Iceberg Lettuce, Romaine Lettuce, Arugula, Spinach, Alfalfa Sprouts

CONDIMENTS: CHOICE OF UP TO TWO

(each additional portion \$0.75)

Mayonnaise, Veganaise, Yellow Mustard, Dijon Mustard, Hummus, Pesto, Vegan Horseradish Cream, Avocado Ranch, Sriracha Aioli, 1000 Island, Green Goddess Dressing, Cranberry Pear Chutney

ADD TO ANY SANDWICH:

Bacon (\$2), Avocado (\$1.50)

Salt/Pepper/Olive Oil/Red Wine Vinegar (free)



SANDWICH MENU

6762 Sebastopol Ave.

707.407.4020

Open 7 days a week

10 am - 6 pm

Grab & Go Items always available

www.cmnaturalfoods.com



THE DELI AT COMMUNITY MARKET'S SIGNATURE SANDWICHES



The Barlow: \$12.99

Rosemary ham, goat cheese, sliced apple, arugula, honey mustard, on a sweet french roll

The Phoenix: \$10.99

Roasted chicken, pepper jack cheese, shaved red onion, pesto, sriracha mayo on ciabatta

Babe The Blue Ox: \$11.99

Roast beef, tomato, red onion, romaine, horseradish, blue cheese walnut spread, on a sourdough roll

Red Clover Reuben: \$9.99

Pastrami, swiss, sauerkraut, thousand island, rye bread

The Market Club: \$11.99

Smoked turkey, bacon, cheddar cheese, tomato, red onion, avocado ranch, ice berg, sliced sourdough

Deli Classic: \$12.99

Rosemary ham, salami, provolone, pepperoncini, tomato, red onion, romaine, on a sweet french roll

'Bahmb' Mi*: \$9.99

Teriyaki tempeh, carrot, daikon, red onion, cilantro, sriracha mayo, sourdough roll

Green Goddess*: \$10.99

Herbed tofu, avocado, cucumber, radish, alfalfa sprouts, vegan goddess dressing, sliced whole wheat

Bountiful Harvest*: \$9.99

Roasted asparagus, grilled mushroom, pickled spring onions, arugula, green garlic veganaise, dijon mustard, on sliced whole wheat

Talking Turkey: \$10.99

Thick sliced smoked turkey, brie, cranberry pear chutney, arugula, dijonaise, rye bread

Cold Weather BLT: \$8.99

Thick cut peppered bacon, roasted tomatoes, iceberg lettuce, dijonaise, sliced sourdough

Sweet & Simple: \$4.99

sun butter, banana, honey, sliced whole wheat



*vegan selections